

# SUSTAINABLE U!™



PINK  ARROW  
PRIDE

# Quiver

10K/5K RUN/WALK & KID'S FUN RUN

## CORPORATE REGISTRATION FORM

### SIGN UP A CORPORATE TEAM FOR THE QUIVER BY AUGUST 27 AND EARN EXTRA BENEFITS!

- Save \$2 per registration with a team of 10 or more
- Free onsite training clinic by Gazelle Sports
- Blood pressure and BMI screenings by Priority Health

*Corporate team is defined as a business or church.*



Find us on  
Facebook @  
Pink Arrow Pride  
Quiver Run

### SATURDAY, SEPTEMBER 10, 2011

Lowell High School, 11700 Vergennes, Lowell, MI

**Pink Arrow Quiver is a 10K & 5K Run, 5K Walk and Kids Fun Run to raise funds for the Pink Arrow Pride project.** All monies support Gilda's Club of Lowell, provides financial assistance for families battling cancer, and to educate our youth and community about cancer.

### COURSE

Both the 10K and 5K courses begin at the Bob Perry Football Stadium at Lowell High School through the high school roads, across Vergennes to the Wittenback / Wege Center through the 1.39 mile trail. The 10K continues to the west down Vergennes to Parnell. Both courses finish back inside the football stadium.

### START TIMES

<b>10K Run</b>	8:00 am	<b>5K Walk</b>	8:25 am
<b>5K Run</b>	8:20 am	<b>Kid's Fun Run</b>	9:45 am

### COST - SAVE \$2 PER REGISTRATION WITH TEAM OF 10 OR MORE!

**All participants enjoy post-race refreshments.** (\$2 discount reflected below)

<b>10K Run</b>	<b>\$23</b> includes cotton t-shirt	or <b>\$38</b> for wicking shirt option
<b>5K Run &amp; Walk</b>	<b>\$18</b> includes cotton t-shirt	or <b>\$33</b> for wicking shirt option
<b>Kids Run Run</b>	<b>FREE</b>	

*After August 31, 2011, registration fee increases \$5 per event (except Kids Fun Run).*

**Checks payable to** - Lowell Area Schools / Pink Arrow Quiver

### MEDALS

Medals will be given for the top five overall winners for men (5K and 10K) and the top five overall winners for women (5K and 10K). Participants include all runners ages 11 & up

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**PRIDE**  
**Quiver**  
10K/5K RUN/WALK & KID'S FUN RUN

## CORPORATE REGISTRATION FORM

**REGISTRATION**  **Corporate Team Member** Corp. Team Name: \_\_\_\_\_

**Mail registration and  
and payment to:**

Pink Arrow Quiver 2011  
9265 Bryndale Way  
Ada, MI 49301

For more information on Corporate Teams  
contact: Beth at bkaminski@greenridge.com  
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*Large wheeled strollers, such as joggers and Burleys are welcomed, all other strollers are PROHIBITED.*

**Checks payable to** - Lowell Area Schools / Pink Arrow Quiver

Last Name: \_\_\_\_\_

First Name: \_\_\_\_\_

Address: \_\_\_\_\_

DOB: \_\_\_\_\_ Gender: \_\_\_\_\_

Email: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Emergency Phone #: \_\_\_\_\_

**Please circle your t-shirt selection:**

**Adult Cotton T-Shirt** XS Small Medium Large X-Large XX-Large XXX-Large

**Adult Wicking Shirt *Only \$15 Extra*** Small Medium Large X-Large XX-Large

**Youth Cotton T-Shirt** Small Medium Large

**Waiver:**

I know that running/walking a road and trail race is a potential hazardous activity. I should not enter and run/walk unless I am medically able and properly assume all risks associated with running/walking in this event including, but not limited to falls, contact with other participants, the effects of the weather, including traffic and the conditions of the roads and trails, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself, and anyone entitled to act in my behalf, waive and release Pink Arrow Quiver Run/Walk, Pink Arrow Project, Lowell Area Schools, Wittenbach/Wege Center, Gilda's Club, Vergennes Township, and Lowell Community Wellness and all other sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose. By signing and paying to participate in this event, I agree to the waiver stated above.

Signature: \_\_\_\_\_